



**Don Bosco Vocation Office**  
**315 Self Place,**  
**South Orange, NJ - 07079**

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## **Lectio Divina**

**For those discerning a vocation to the religious life**

**REFLECT AS A GROUP ON ONE OF THE FOLLOWING SCRIPTURES**

Genesis 12:1-4 (Abraham)

1 Samuel 3:1-10 (Samuel)

Exodus 3:1 – 14 (Moses)

Jeremiah 1:4-10 (Jeremiah)

Isaiah 6:1 – 8 (Isaiah)

Luke 1:26 – 38 (Mary)

Matthew 4:18 – 22 (Apostles)

Luke 18: 18 – 25 (Rich young man)

Acts 9: 1- 9 (Paul)

**Phase one:**

1. One person read the scripture passage out loud.
2. Each Person in the group state what single word or single phrase strikes you simply state it.

**Phase two:**

1. One person reads the passage out loud again
2. This time state what the Lord seems to be saying to us – to you in this passage right here and right now.



**Phase three:**

1. One person reads the passage out loud again
2. This time each person makes up a prayer – “Dear Lord...” speaking directly to the Lord.

**Phase four**

1. One person reads the passage out loud again
2. This time everyone is very still and very quiet – prayer is totally in silence (3 – 5 minutes)